### FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]



## **Annual Return**

(other than OPCs and Small Companies)

### I. REGISTRATION AND OTHER DETAILS

(i) * C	Corporate Identification Number	(CINI) of the company				
(I) C	orporate Identification Number	(CIN) of the company	L15133	UR1990PLC023970	Pre-fill	
Global Location Number (GLN) of the company						
* Permanent Account Number (PAN) of the company			AAACF	AAACF0108K		
ii) (a	) Name of the company		FLEX FO	DODS LIMITED		
(b	) Registered office address					
	LAL TAPPAR INDUSTRIAL AREA,P HARIDWAR ROAD,DEHRADUN, UTTRANCHAL Uttarakhand 000000	O-RASHIEM MAGRI		9		
(c	e) *e-mail ID of the company		secreta	rial@flexfoodsltd.com		
(d	l) *Telephone number with STD	) code	013524	99234		
(e	e) Website		www.fl	exfoodsItd.com		
iii)	Date of Incorporation		05/02/	1990		
v)	Type of the Company	Category of the Comp	any	Sub-category of the	Company	
	Public Company	Company Company limited by share		ares Indian Non-Government company		
v) Wh	nether company is having share	e capital	<ul><li>Yes</li></ul>	○ No		
/i) *V\	/hether shares listed on recogr	ized Stock Exchange(s)	<ul><li>Yes</li></ul>	○ No		

(a)	Details of	of stock	exchanges	where:	shares	are	listed
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S. No.	Stock Exchange Name	Code
1	BSE Limited	1

	(b) CIN of the Registrar and Transfer Agent	U67120DL1993PTC052486	Pre-fill
	Name of the Registrar and Transfer Agent		_
	BEETAL FINANCIAL AND COMPUTER SERVICES PRIVATE LIM	ITED	
	Registered office address of the Registrar and Transfer	Agents	_
	99,MADANGIR, B/4, LOCAL SHOPPING CENTRE, NEAR DADA HARSUKH DAS MANDIR		
vii)	*Financial year From date 01/04/2022 (DD/N	MM/YYYY) To date 31/03/2023	(DD/MM/YYYY)
(viii)	*Whether Annual general meeting (AGM) held	Yes	
	(a) If yes, date of AGM		
	(b) Due date of AGM 30/09/2023		
	(c) Whether any extension for AGM granted	Yes   No	
I. F	PRINCIPAL BUSINESS ACTIVITIES OF THE	OMPANY	
	*Number of business activities 1		

	Main Activity group code		Business Activity Code	,	% of turnover of the company
1	С	Manufacturing	C1	Food, beverages and tobacco products	100

# III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

*No. of Companies for which information is to be given	0	Pre-fill All

S.No	Name of the company	CIN / FCRN	Holding/ Subsidiary/Associate/ Joint Venture	% of shares held
1				

### IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

### (i) \*SHARE CAPITAL

### (a) Equity share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Total number of equity shares	15,000,000	12,450,000	12,450,000	12,450,000
Total amount of equity shares (in Rupees)	150,000,000	124,500,000	124,500,000	124,500,000

Number of classes 1

Class of Shares	Authoricad	Icapitai	Subscribed capital	Paid up capital
Number of equity shares	15,000,000	12,450,000	12,450,000	12,450,000
Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	150,000,000	124,500,000	124,500,000	124,500,000

#### (b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	500,000	0	0	0
Total amount of preference shares (in rupees)	50,000,000	0	0	0

Number of classes 1

Class of shares	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Number of preference shares	500,000	0	0	0
Nominal value per share (in rupees)	100	100	100	100
Total amount of preference shares (in rupees)	50,000,000	0	0	0

#### (c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

### (d) Break-up of paid-up share capital

Class of shares	Number of shares			Total nominal amount	Total Paid-up amount	Total premium
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	426,159	12,023,841	12450000	124,500,000		

	I			I	I	I
Increase during the year	0	0	0	0	0	0
i. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify				0	0	0
Increase in Physical Shareholding						
Decrease during the year	0	0	0	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify						
Decrease in Physical Shareholding	·			0	0	
At the end of the year	426,159	12,023,841	12450000	124,500,000	124,500,00	
Preference shares						
At the beginning of the year	0	0	0	0	0	
Increase during the year	0	0	0	0	0	0
i. Issues of shares	0	0	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0	0	0
iii. Others, specify						
Dannes during the year						
Decrease during the year	0	0	0	0	0	0
i. Redemption of shares	0	0	0	0	0	0

ii. Shares forfeited			0	0	0	0	0	0
iii. Reduction of share capi	ital		0	0	0	0	0	0
iv. Others, specify								
At the end of the year			0		0	0	0	
,			U	0	0	0	0	<u> </u>
SIN of the equity shares	of the company					INE95	54B01018	
(ii) Details of stock spl	it/consolidation	during the year	ar (for eac	ch class of s	shares)	0		
Class o	f shares		(i)		(ii)		(ii	i)
Before split /	Number of sl	hares						
Consolidation	Face value per	share						
After split /	Number of sl	nares						
Consolidation	Face value per	share						
(iii) Details of shar of the first return a  Nil  [Details being pro	at any time si	nce the inc	orporati	on of the	company)	No	Not Appl	
Separate sheet at	tached for detail	s of transfers		O ,	Yes 🔘	No		
Note: In case list of tran Media may be shown.	sfer exceeds 10,	option for sub	omission a	s a separate	sheet attach	ment or sub	mission in a	a CD/Digital
Date of the previous	s annual genera	al meeting						
Date of registration	of transfer (Dat	te Month Yea	ar)					
Type of transf	er	1 -	Equity, 2	2- Preferen	ce Shares,3	- Debentu	res, 4 - Sto	ock
Number of Shares/ Units Transferred	Debentures/	,		Amount p Debenture	er Share/ e/Unit (in Rs	.)		

Ledger Folio of Trans	sferor					
Transferor's Name						
	Surname	middle name	first name			
Ledger Folio of Transferee						
Transferee's Name						
	Surname	middle name	first name			
Date of registration of transfer (Date Month Year)						
Type of transfe	r 1 -	Equity, 2- Preference Shares,3 -	Debentures, 4 - Stock			
Number of Shares/ D Units Transferred	Debentures/	Amount per Share/ Debenture/Unit (in Rs.)				
Ledger Folio of Trans	sferor	2/				
Transferor's Name						
Surname		middle name first name				
Ledger Folio of Transferee						
Transferee's Name						
	Surname	middle name	first name			

### (iv) \*Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0

Particulars	Number of units	Nominal value per unit	Total value
Total			0

#### Details of debentures

Class of debentures	Outstanding as at the beginning of the year	Increase during the year		Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

<b>,</b> .	Nominal Value of each Unit	Paid up Value of each Unit	Total Paid up Value
Total			

## V. \*Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover

1,173,260,450.18

0

(ii) Net worth of the Company

1,020,205,770.53

### VI. (a) \*SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equ	ity	Preference	
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	52,620	0.42	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	

3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	7,398,571	59.43	0	
10.	Others	0	0	0	
	Total	7,451,191	59.85	0	0

Total number	of shareholders	(promoters)
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9	
9	

### (b) \*SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equ	ity	Prefere	ence
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family	2			
	(i) Indian	3,981,170	31.98	0	
	(ii) Non-resident Indian (NRI)	71,956	0.58	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	100	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	

8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	167,082	1.34	0	
10.	Others IEPF, OTHERS	778,501	6.25	0	
	Total	4,998,809	40.15	0	0

Total number of shareholders (other than promoters)

12,073

Total number of shareholders (Promoters+Public/ Other than promoters)

12,082

## VII. \*NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	9	9
Members (other than promoters)	12,844	12,073
Debenture holders	0	0

### VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

### (A) \*Composition of Board of Directors

Category	Number of directors at the beginning of the year		Number of directors at the end of the year		Percentage of shares held by directors as at the end of year	
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive
A. Promoter	0	1	0	1	0	0.06
B. Non-Promoter	2	5	1	4	0	0
(i) Non-Independent	2	1	1	1	0	0
(ii) Independent	0	4	0	3	0	0
C. Nominee Directors representing	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0
(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0

(v) Others	0	0	0	0	0	0
Total	2	6	1	5	0	0.06

Number of Directors and Key managerial personnel (who is not director) as on the financial year end date

8

#### (B) (i) \*Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
Ashok Chaturvedi	00023452	Director	7,610	
Rahul Razdan	09290572	Whole-time directo	0	
Rajeev Sharma	08789214	Director	0	
Indu Liberhan	03341420	Director	0	
Rajendra Kumar Mishra	07905342	Director	0	
Arvind Mahajan	02410540	Director	0	
Naval Duseja	AFBPD0559F	CFO	0	
Himanshu Luthra	AIAPL1163F	Company Secretar	0	

### (ii) Particulars of change in director(s) and Key managerial personnel during the year

4

Name	DIN/PAN	beginning / during	Ichango in decignation/	Nature of change (Appointment/ Change in designation/ Cessation)
Madan Mohan Varshne <b>⊞</b>	08349956	Whole-time directo	05/05/2022	Cessation
Paresh Nath Sharma	00023625	Director	25/05/2022	Cessation
Rajesh Dheer	AACPD8442R	Company Secretar	30/09/2022	Cessation
Himanshu Luthra	AIAPL1163F	Company Secretar	11/11/2022	Appointment

## IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS /REQUISITIONE	D/NCLT/COURT	CONVENED	MEETINGS
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Number of meetings held	2	
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Type of meeting	Date of meeting	Total Number of Members entitled to attend meeting	Attendance  Number of members	
Annual General Meeting	05/08/2022	12,936	64	60
Extra Ordinary General Mee	04/01/2022	13,159	47	49.28

#### **B. BOARD MEETINGS**

\*Number of meetings held 4

S. No.	Date of meeting	Total Number of directors associated as on the date		Attendance
		of meeting	Number of directors attended	% of attendance
1	26/05/2022	6	6	100
2	09/08/2022	6	6	100
3	11/11/2022	6	6	100
4	13/02/2023	6	6	100

10

#### C. COMMITTEE MEETINGS

Number of meetings held

Attendance Total Number Type of S. No. of Members as meeting Date of meeting on the date of Number of members the meeting attended % of attendance Audit Committe 26/05/2022 1 4 4 100 Audit Committe 09/08/2022 2 4 4 100 3 Audit Commi<u>tte</u> 11/11/2022 4 4 100 Audit Committe 13/02/2023 4 4 4 100 CSR Committe 25/05/2022 5 3 2 66.67 3 6 NRC Committe 25/05/2022 3 100 NRC Committe 11/11/2022 3 7 3 100 Stakeholders F 17/06/2022 8 3 3 100 9 Stakeholders<u>F</u>08/10/2022 3 3 100 Stakeholders F 16/03/2023 3 10 3 100

#### D. \*ATTENDANCE OF DIRECTORS

		Board Meetings			Committee Meetings			Whether attended AGM
S. No.	of the director		Meetings	% of	Number of Meetings which director was entitled to	Meetings	% of attendance	held on
		entitled to attend	attended		attend	attended		(Y/N/NA)
1	Ashok Chatur	4	4	100	0	0	0	
2	Rahul Razdan	4	4	100	5	4	80	
3	Rajeev Sharm	4	4	100	3	3	100	
4	Indu Liberhan	4	4	100	9	9	100	
5	Rajendra Kum	4	4	100	10	10	100	
6	Arvind Mahaja	4	4	100	5	5	100	

#### X. \*REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

Nil

Number of Managing Director, Whole-time Directors and/or Manager whose remuneration details to be entered

2

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	Rahul Razdan	Whole-time Dire		0	0	1,000,000	8,410,816
2	Madan Mohan Vars +	Whole-time Dire	832,645	0	0	0	832,645
	Total		8,243,461	0	0	1,000,000	9,243,461

Number of CEO, CFO and Company secretary whose remuneration details to be entered

3

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	Naval Duseja	CFO	3,360,830	0	0	0	3,360,830
2	Himanshu Luthra	Company Secre	347,699	0	0	0	347,699
3	Rajesh Dheer	Company Secre	1,075,893				1,075,893
	Total		4,784,422	0	0	0	4,784,422

Number of other directors whose remuneration details to be entered

6

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	Ashok Chaturvedi	Chairman	0	0	0	125,000	125,000

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
2	Rajendra Kumar M	Director	0	0	0	375,000	375,000
3	Indu Liberhan	Director	0	0	0	350,000	350,000
4	Rajeev Sharma	Director	0	0	0	225,000	225,000
5	Arvind Mahajan	Director	0	0	0	250,000	250,000
6	Paresh Nath Sharm	Director	0	0	0	50,000	50,000
	Total		0	0	0	1,375,000	1,375,000

MAHESH KUMAR GUPTA

Name

II. MATTERS RELAT	ED TO CERTIFICATI	ON OF COMPLIAN	CES AND DISCLOSU	RES	
* A. Whether the con provisions of the	mpany has made com e Companies Act, 201	pliances and disclos 3 during the year	sures in respect of appl	icable Yes	O No
B. If No, give reas	ons/observations				
(II. PENALTY AND P	UNISHMENT - DETA	AILS THEREOF			
A) DETAILS OF PEN	ALTIES / PUNISHME	NT IMPOSED ON C	OMPANY/DIRECTOR	S/OFFICERS N	lil
Name of the company/ directors/ officers	Name of the court/ concerned Authority		Name of the Act and section under which penalised / punished		Details of appeal (if any) including present status
(B) DETAILS OF CO	MPOUNDING OF OF	FENCES Ni	ı		
	h			<u></u>	
Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which offence committed	Particulars of offence	Amount of compounding (in Rupees)
XIII. Whether comp	lete list of sharehold	lers, debenture hol	ders has been enclos	ed as an attachmen	t
○ Ye	es   No				
(In case of 'No', sub	mit the details separat	ely through the metl	nod specified in instruct	tion kit)	
XIV. COMPLIANCE	OF SUB-SECTION (	2) OF SECTION 92,	IN CASE OF LISTED	COMPANIES	
			e capital of Ten Crore i ifying the annual return		nover of Fifty Crore rupees or

Whether associate or fellow	
Certificate of practice number	1999
	s they stood on the date of the closure of the financial year aforesaid correctly and adequately. tated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the
	Declaration
I am Authorised by the Board of	Directors of the company vide resolution no 5(B) dated 11/11/2022
in respect of the subject matter o  1. Whatever is stated in th	and declare that all the requirements of the Companies Act, 2013 and the rules made thereunder of this form and matters incidental thereto have been compiled with. I further declare that: is form and in the attachments thereto is true, correct and complete and no information material to some form has been suppressed or concealed and is as per the original records maintained by the company.
•	nents have been completely and legibly attached to this form.
	to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide fo nent for false statement and punishment for false evidence respectively.
To be digitally signed by	
Director	
DIN of the director	09290572
To be digitally signed by	
<ul><li>Company Secretary</li></ul>	
Company secretary in practic	e
Membership number 10694	Certificate of practice number

Attachments	List of attachments	
1. List of share holders, debenture holders	Attach	
2. Approval letter for extension of AGM;	Attach	
3. Copy of MGT-8;	Attach	
4. Optional Attachement(s), if any	Attach	
	Remove attachment	
Modify Check Form	Prescrutiny Submit	

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company

