



FLEX FOODS LIMITED

305, Third Floor, Bhanot Corner, Pamposh Enclave, Greater Kailash-I,
New Delhi-110 048, India Tel.: 2644 0917, 2644 0925 Fax: 2621 6922
Website: www.flexfoodsltd.com; E-mail: flexsec@vsnl.net; CIN: L15133UR1990PLC023970

FFL:SEC:19:
May 18, 2019

BSE Limited
Listing Deptt. (Corporate Relationship Deptt.)
1st Floor, New Trading Ring
Rotunda Building, P.J. Towers
Dalal Street, Fort
MUMBAI – 400 001

Dear Sir

Sub.: Resignation of Ms. Anupam Ahuja from the Directorship of the Company

This is to inform you that Ms. Anupam Ahuja, an Independent Woman Director of the Company, has resigned from the Directorship of the Company with effect from 17.05.2019

We enclose herewith the Information pursuant to the requirements of Clause (7B) of Schedule III (Part A) of Regulation 30 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations 2015 read with SEBI circular no CIR/CFD/CMD/4/2015 September 9 2015 in the prescribed format.

We request you to inform your members accordingly.

Thanking you.

Yours faithfully,

For Flex Foods Limited

Rajesh Dheer
Company Secretary & Compliance Officer

Encl As Above



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Disclosure of events and information pursuant to Clause (7B) of Schedule III (Part A) of Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 read with SEBI circular no. CIR/CFD/CMD/4/2015 dated September 9, 2015.

Name of Director	Ms. Anupam Ahuja
Reason for change viz. appointment, resignation, removal, death or otherwise	Resignation
Date of appointment/cessation (as applicable) & term of appointment	17.05.2019
Brief Profile (in case of appointment)	Not Applicable
Disclosure of relationships between Directors (in case of appointment of a director)	Not Applicable
Detailed reasons for the resignation of independent directors as given by the said director	Due to her pre-occupations and extensive travel that her full day job demand
Confirmation that there is no other material reasons other than those provided	Confirmed by Ms. Anupam Ahuja

