Format of holding of specified securities

Name of Listed Entity : FLEX FOODS LIMITED

Scrip Code/Name of Scrip/Class of Security : 523672

Share Holding Pattern Filed under: Reg. 31(1)(a)/Reg. 31(1)(b)/Reg.31(1)(c) : Reg. 31(1)(b)

a. If under 31(1)(b) then indicate the report for Quarter ending : 30.06.2016

b. If under 31(1)(c) then indicate date of allotment/extinguishment : Not Applicable

Declaration: The Listed entity is required to submit the following declaration to the extent of submission of information:

Particulars	Yes*	No*
1. Whether the Listed Entity has issued any partly paid up shares?		No
2. Whether the Listed Entity has issued any Convertible Securities or Warrants?		No
3. Whether the Listed Entity has any shares against which depository receipts are issued?		No
4. Whether the Listed Entity has any shares in locked-in?		No
5. Whether any shares held by promoters are pledge or otherwise encumbered?		No

^{*} If the Listed Entity selects the option 'No' for the questions above, the columns for the partly paid up shares, Outstanding Convertible Securities/Warrants, depository receipts, locked-in shares, No of shares pledged or otherwise encumbered by promoters, as applicable, shall not be displayed at the time of dissemination on the Stock Exchange website. Also wherever there is 'No' declared by Listed Entity in above table the values will be considered as 'Zero' by default on submission of the format of holding of specified securities.

						Table I - Sum	mary Statement h	olding of spe	ecified sec	urities				_		_		
							Shareholding as a % of total no.	(IX)				No. of Shares Underlying	Shareholding , as a % assuming full conversion of convertible securities (as	Loc	nber of ked in nares	pled oth encu	mber of hares dged or erwise imbered (XIII)	
		Nos. of	No. of fully paid up equity	No. of Partly paid- up equity	No. of shares underlying Depository	Total nos.	of shares (calculated as per SCRR, 1957) (VIII)	Class	No. of Vo	ting Rights	Total as a	Outstanding convertible securities (including	percentage of diluted share capital) (XI)= (VII)+(X)		As a % of total	1	of total	Number of equity shares held in dematerialized
Category (I)	Category of shareholder (II)	shareholders (III)		shares held (V)	Receipts (VI)	(VII) = (IV)+(V)+ (VI)	As a % of (A+B+C2)	eg: X	eg: Y	, otal	% of (A+B+C)	Warrants) (X)	As a % of (A+B+C2)	No. (a)	Shares held (b)	No.	held (b)	form (XIV)
(A)	Promoter & Promoter Group	9	7429735		140	7429735	59.68	7429735		7429735	59.68							7429735
(B)	Public	14482	5020265		-	5020265	40.32	5020265	-	5020265	40.32		-			NA	NA	4039214
(C)	Non Promoter- Non Public		-	-	**				-	-	-		-	-	-	NA	NA	-
(C1)	Shares underlying DRs	12	-			-	-		-		-		-			NA	NA	-
(C2)	Shares held by Employee Trust	 -		-		, .		_	-		_		1. 7-1		-	NA	NA	_
	Total	14491	12450000	in the second		12450000	100	12450000		12450000	100.00	=	-	-	-			11468949



					Table II	- Statement sho	wing sharehol	lding pattern of	the Promote	er and Pro	mote out	p									
	Category & Name of the Shareholders	PAN (II)	No. of Shareholder (III)	No. of fully paid up equity shares held (IV)	Partly paid-up equity shares held (V)		Total nos. shares held (VII = IV+V+VI)	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2) (VIII)	Number of	Voting R	ights held in curities (IX) tights		No. of Shares Underlying Outstanding convertible securities (including Warrants) (X)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XI)= (VII)+(X) As a % of (A+B+C2)	Loc	hber of ked in lares XII) As a % of total Shares held (b)	of total Shares held		Shares pledge or otherwise encumbered (XIII) As a 5 of tota s Share held		Number of equity shares held in dematerialized form (XIV)
(1)	Indian	(11)	(111)	7429735		0	7429735				7429735		(^)	(ATBTCZ)	140. (a)	(6)	No. (a)	(b)	7429735		
(a)	Individuals/Hindu Undivided Family			, ,,,,,,,		30															
	-Ashok Kumar Chaturvedi	AACPC1661P		7610			7610	0.06	7610	-	7610	0.06	-		-		-		7610		
	-Rashmi Chaturvedi	AACPC1732D		45010	1-		45010	0.36	45010		45010	0.36				-		-	45010		
(b)	Central Government/ State Government(s) Financial Institutions/ Banks																				
(d)	Any Other (Body Corporates) -UFLEX Limited	AAACF0109J		5870000			5870000	47.15	5870000	-	5870000	47.15	_		_	_			5870000		
	-Anshika Investments Pvt Ltd	AAACB0113E		1252630	_	-	1252630	10.06	1252630	-	1252630	10.06	-			-			1252630		
	-Anshika Consultants Pvt Ltd	AAACA2083J		150000			150000	1.20	150000		150000	1.20						-	150000		
	-A.L. Consultants Private Limited	AAJCA7427P		78685	-	-	78685	0.63	78685		78685	0.63		-	-			-	78685		
	-Flex International Pvt Ltd	AAACF0250E		11300		-	11300	0.09	11300		11300	0.09						-	11300		
	-Magic Consultants Private Limited	AAACM0513D		10500	-	22	10500	0.08	10500	-	10500	0.08		122	7920			-	10500		
	-A.R.Leasing Pvt Ltd	AAACA0423A		4000			4000		4000	-	4000	0.03			2.00				4000		
	Sub-Total (A)(1)		9	7429735		-	7429735	59.68	7429735		7429735	59.68							7429735		
(2)	Foreign																				
(a)	Individuals (Non-Resident Individuals/ Foreign Individuals)	-			-				-	-		-	-	***					-		
(b)	Government				-				FE.	-			-						***		
(c)	Institutions				-														-		
(d) (e)	Foreign Portfolio Investor Any Other (Specify)	-			-				-			-	_	-	-	-	_		_		
2.3	Sub-Total (A)(2)	-															_		1		
	Total Shareholding of Promoter and Promoter Group (A)= (A)(1)+(A)(2)		9	7429735			7429735	59.68	7429735	7	7429735	59.68	2		-	-			7429735		

Promoter Group (A)= (A)(1)+(A)(2)

Details of Shares which remain unclaimed may be given hear along with details such as number of shareholders, outstanding shares held in demat/unclaimed suspense account, voting rights which are frozen etc.

⁽¹⁾ PAN would not be displayed on website of Stock Exchange(s).
(2) The term "Encumbrance" has the same meaning as assigned under regulation 28(3) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011.



	ACC.					Table III - S	statement show	ving shareholdi	ng pattern o	f the Publ	ic sharehold	ler							
					T -									Total					
									Number o	Number of Voting Rights held in each class of securities				Shareholding, as a %			Number	of Shares	
									_				No. of Shares	assuming full Number of Locked in			or otherwise		
								Shareholding					Underlying				encui		
				No. of fully	Partly	Nos. of shares		% calculated as per SCRR,	-	1	The state of the s	1	Outstanding convertible	securities (as		As a % of	1	As a % of	- Number of equity shares
				paid up	paid-up equity	underlying	Total nos.	1957				Total as a	securities	a percentage		total		total	held in
	Category & Name of the		No. of	equity shares	shares	Depository	shares held	As a % of				% Total	(including	of diluted		Shares		Shares	dematerialized
	Shareholders	PAN	Shareholder		held	Receipts	(VII =	(A+B+C2)	OI V	OI V	T. (.)	Voting	Warrants)	share capital)		held		held	form
(1)	Institutions (I)	(II)	(III)	(IV)	(V)	(VI)	IV+V+VI)	(VIII)	Class X	Class Y	lotal	rights	(X)	(XI)= (VII)+(X)	No. (a)	(b)	No. (a)	(b) NA	(XIV)
(a)	Mutual Funds		_	_	_	_	_	_	_		_	_	_		_	_	NA	NA	_
(b)	Venture Capital Funds		_	_	_	_	_	_			_		-	_			NA	NA	_
(c)	Alternate Investment Funds																NA	NA	
X-25	Section Assessed to the Control of t		-	_		_		_	1				_			_		-33	
(d)	Foreign Venture Capital Investors		-	-	-	-	-	-	-	-	-	2	-		1 -	:=	NA	NA	-
(e)	Foreign Portfolio Investors		-	_		_	-		_	-	-	_	_	-			NA	NA	-
(f)	Financial Institutions / Banks		1	100	-	9-	100	0.00	100	-	100	0.00	-	-	-	_	NA	NA	100
(g)	Insurance Companies		-	-	-	(-	-	-	-	-	-	1-	-	-	1-	-	NA	NA	-
(h)	Provident Funds / Pension Funds		-	-			-	-		S-	-		-	-	1,000	-	NA	NA	-
	Any Other (Specify)																		
	Sub-Total (B)(1)		1	100	-	_	100	0.00	100	_	100	0.00	-	-	-	-	-	-	100
(2)	Central Government/ State Government(s) / President of India		=	-		-	-	-	-	-	-	-	-	-	-	-		-	-
	Sub-Total (B)(2)		-	-	-	-	-		-	-	-		-	-	-	-	-		
(3)	Non-institutions																		
(a)	Individuals -		14145	3681555		·-	3681555	29.57	3681555	-	3681555	29.57	-		-	-	NA	NA	2704304
	i. Individual shareholders holding																		
	nominal share capital up to Rs. 2																		
	lakhs.																	959	
	 Individual shareholders holding nominal share capital in excess of Rs. 2 lakhs. 		9	902218		_	902218	7.25	902218	-	902218	7.25	_	_	-	_	NA	NA	902218
	-Santosh Sitaram Goenka	AACPG6728R		221222	-	-	221222	1.78	221222	_	221222	1.78			-	_	NA	NA	221222
	-Sangeetha S	AlJPS3739F		198690		_	198690	1.60	198690		198690	1.60				_	NA	NA.	198690
	-Sunita Santosh Goenka	AAPPG4403N		143030		_	143030	1.15	143030	1	143030	1.15					NA	NA.	143030
	-Porinju V Veliyath	AADPP6420G		125000			125000	1.00	100000		125000	1.00					NA.	NA NA	125000
(b)	NBFCs registered with RBI	70-DI 1 0-200		125000			123000	1.00	123000	-	125500	1.00	_				THA.	IVA	125000
(b)																			
(d)	Employee Trusts Overseas Depositiries (holding DRs)(balancing figure)		-	-	-	-	-	-	-		0	-	-		-	-	NA	NA	-
(e)	Any Other (Specify)																		
	-Body Corporate(s)		196	241632			241632	1.94	241632	-	241632	1.94	-	5		_	NA	NA	237832
	- NRIs		92	170902	124	-	170902	1.37	170902	-	170902	1.37	-	-			NA	NA	170902
	- Transit Position		39	23858	-		23858	0.19	23858	-	23858	0.19	-	-		-	NA	NA	23858
	Sub-Total (B)(3)		14481	5020165	-		5020165	40.32	5020165		5020165	40.32	-					-	4039114
	Total Public Shareholding (B)=		14482	5020265	,	-	5020265	40.32	5020265	-	5020265	40.32	-	-	-	-	-	:	4039214
	(B)(1)+(B)(2)+(B)(3)																		

Details of the shareholders acting as persons in Concert including their Shareholding (No. and %):

Details of Shares which remain unclaimed may be given hear along with details such as number of shareholders, outstanding shares held in demat/unclaimed suspense account, voting rights which are frozen etc.

(1) PAN would not be displayed on website of Stock Exchange(s).

(2) The above format needs to be disclosed along with the name of following persons: Institutions/Non Institutions holding more than 1% of total number of shares.

(3) W.r.t. the information pertaining to Depository Receipts, the same may be disclosed in the respective columns to the extent information available and the balance to be disclosed as held by custodian,

					Ta /	- Statement	showing s	hareholding pa	ttern of	the Non	Prom	oter- No	ıblic shareho	older		10-11			
								Number of Voting Rights held in each class of securities (IX) Number of Number of Sha Total Locked in pledged or other											
									N	o. of Vot	ing Ri	ghts		Shareholding, as a % assuming full conversion of	222	hares (XII)		(III)	
				No. of fully paid up equity	equity	Nos. of shares underlying	Total nos. shares	Shareholding % calculated as per SCRR, 1957				Total as	No. of Shares Underlying Outstanding convertible securities	securities (as a percentage of diluted share capital)		As a %			Number of equity shares held in dematerialized
	Category & Name of the Shareholders	PAN	No. of Shareholder	shares	shares	Depository Receipts	held (VII =	As a % of (A+B+C2)	100000000000000000000000000000000000000	Class	Total	Total Voting	(including Warrants)	(XI)= (VII)+(X) As a % of	NI-	of total Shares	No. (Not	held (Not	form (XIV) (Not
(1)	(I) Custodian/DR Holder	(II) 	(111)	(IV) 	(V)	(VI) 	IV+V+VI)	(VIII) 	X	T		rights -	(X)	(A+B+C2)	No.	held 	Applicable)	Applicable)	Applicable)
	Name of DR Holder (if available)		-						-	l es	_		-						
	Employee Benefit Trust (under SEBI (Share based Employee Benefit) Regulations, 2014)		_				_				-	_			-	-			
	Total Non -Promoter Non Public Shareholding (C)= (C)(1)+(C)(2)			-		-					-								

- (1) PAN would not be displayed on website of Stock Exchange(s).
 (2) The above format needs to disclose name of all holders holding more than 1% of total number of shares
 (3) W.r.t. the information pertaining to Depository Receipts, the same may be disclosed in the respective columns to the extent information available,



	remain unclaimed may be given hear along with details such as num	ber
of shareholders, outstar	nding shares held in demat/unclaimed suspense account, voting	
(Kindly start filing data	from Row No - 3)	
No. of shareholders	No. of Shares	
143	14	500

