Format of holding of specified securities

Name of Listed Entity : FLEX FOODS LIMITED

Scrip Code/Name of Scrip/Class of Security 523672

Share Holding Pattern Filed under: Reg. 31(1)(a)/Reg. 31(1)(b)/Reg.31(1)(c) Reg. 31(1)(b)

a. If under 31(1)(b) then indicate the report for Quarter ending

b. If under 31(1)(c) then indicate date of allotment/extinguishment : Not Applicable

Declaration: The Listed entity is required to submit the following declaration to the extent of submission of information:

Particulars	Yes*	No*
Whether the Listed Entity has issued any partly paid up shares?		No
2. Whether the Listed Entity has issued any Convertible Securities or Warrants?		No
3. Whether the Listed Entity has any shares against which depository receipts are issued?		No
4. Whether the Listed Entity has any shares in locked-in?		No
5. Whether any shares held by promoters are pledge or otherwise encumbered?		No

^{*} If the Listed Entity selects the option 'No' for the questions above, the columns for the partly paid up shares, Outstanding Convertible Securities/Warrants, depository receipts, locked-in shares, No of shares pledged or otherwise encumbered by promoters, as applicable, shall not be displayed at the time of dissemination on the Stock Exchange website. Also wherever there is 'No' declared by Listed Entity in above table the values will be considered as 'Zero' by default on submission of the format of holding of specified securities.

						Table I - Sum	mary Statement h	olding of spe	cified sec	urities								
							Shareholding as securities a % of total no. of shares Number of Voting Rights held in each class securities (IX) No. of Voting Rights			No. of Shares Underlying	Shareholding , as a % assuming full conversion of convertible securities (as a	Locked in shares						
		Nos. of	No. of fully paid up equity	No. of Partly paid- up equity	No. of shares underlying Depository	Total nos.	of shares (calculated as per SCRR, 1957) (VIII)	Class	No. of Vo	Total	Total as a	Outstanding convertible securities (including	le diluted share s capital)		As a % of total		As a % of total Shares	Number of equity shares held in dematerialized
Category (I)	Category of shareholder (II)	shareholders (III)	shares held (IV)	shares held (V)	Receipts (VI)	(VII) = (IV)+(V)+ (VI)	As a % of (A+B+C2)	eg: X	eg: Y		% of (A+B+C)	Warrants) (X)	As a % of (A+B+C2)	No. (a)	Shares held (b)		held (b)	form (XIV)
(A)	Promoter & Promoter Group	11	7429735	-	-	7429735	59.68	7429735	_	7429735	59.68			_	-			7429735
(B)	Public	14503	5020265		-	5020265	40.32	5020265	-	5020265	40.32		=			NA	NA	4034614
(C)	Non Promoter- Non Public	-	-	-	-	-	_			_	-					NA	NA	
(C1)	Shares underlying DRs	-	-	-		-				-						NA	NA	
(C2)	Shares held by Employee Trust			1-1	-	-	-			-	-		-	-		NA	NA	
	Total	14514	12450000			12450000	100	12450000		12450000	100.00							11464349



	Table II - Statement showing shareholding pattern of the Promoter and Promoter Group																		
								Shareholding	Number of	f Voting R of se	ights held in ecurities (IX)		No. of Shares Underlying	shareholding as a % assuming full conversion of convertible securities (as a percentage	Lock	ber of ked in ares	Number of Shares pledge or otherwise encumbered (XIII)		
				No office	Partly	No. of the same		% calculated	No. c	of Voting F	Rights		Outstanding convertible	a percentage of diluted	()	(II) Asa%	(X	III) Asa%	Number of
	Category & Name of the Shareholders	PAN (II)	No. of Shareholder (III)	No. of fully paid up equity shares held (IV)	paid-up equity shares held (V)	Nos. of shares underlying Total nos. Shares held Receipts (VII = V+V+VI)	Total nos. 1957 shares held As a % of (VII = (A+B+C2)	Class X	Class Y		Total as a % Total Voting rights	securities (including Warrants) (X)	share capital) (XI)= (VII)+(X) As a % of (A+B+C2)	No. (a)	of total Shares held (b)	No. (a)	of total Shares held (b)	held in dematerialized form (XIV)	
(1)	Indian		11	7429735	0	0	7429735	59.68	7429735	-	7429735	59,68	-			-		-	7429735
(a)	Individuals/Hindu Undivided Family			111															
	-Ashok Kumar Chaturvedi			7610	-	-	7610	0.06	7610	-	7610	0.06		-	-	-		-	7610
	-Rashmi Chaturvedi			45010		-	45010	0.36	45010	-	45010	0.36	-	-	-	-		-	45010
(b)	Central Government/ State Government(s) Financial Institutions/ Banks																		
(d)	Any Other (Body Corporates) -UFLEX Limited			5870000	_	-	5870000	47.15	5870000	_	5870000	47.15	-	-	_	_		-	5870000
	-Anshika Investments Pvt Ltd			1252630			1252630	10.06	1252630		1252630	10.06	-		-		-		1252630
	-Anshika Consultants Pvt Ltd			150000	-		150000	1.20	150000	.=	150000	1.20	-						150000
	-Sambhav Finlease Private Limited			53585			53585	0.43	53585	100	53585	0.43			-	-		-	53585
	-A.L. Consultants Private Limited			25000	-	-	25000	0.20	25000		25000	0.20			,	2.		=	25000
	-Flex International Pvt Ltd			11300	100		11300	0.09	11300	-	11300	0.09	:==			-			11300
	-Magic Consultants Private Limited			10500	1 ==		10500	0.08	10500	-	10500	0.08		-		- 75	-		10500
	-A.R.Leasing Pvt Ltd			4000	-		4000	0.03	4000		4000	0.03	100	144	-	:			4000
	-Naru Investments Private Limited			100	-	-	100	0.00	100		100	0.00		-	,	1946		177	100
	Sub-Total (A)(1)		11	7429735	_		7429735	59.68	7429735		7429735	59.68							7429735
(2)	Foreign																		
(a)	Individuals (Non-Resident Individuals/ Foreign Individuals)	-	_				-		-	-	/=	- 	-	-				-	-
(b)	Government	-			2.77		100		-				-			1,770		-	.77
(c)	Institutions	-					-		-	1		-				-			
(d)	Foreign Portfolio Investor		-						-	300						-			
(e)	Any Other (Specify)		-			-			100		-			-	-				
	Sub-Total (A)(2)		-		:				-			7-5			. 77	-			-
	Total Shareholding of Promoter and Promoter Group (A)= (A)(1)+(A)(2)		11	7429735			7429735	59.68	7429735		7429735	59.68		-		1975			7429735

Promoter Group (A)= (A)(1)+(A)(2)

Details of Shares which remain unclaimed may be given hear along with details such as number of shareholders, outstanding shares held in demat/unclaimed suspense account, voting rights which are frozen etc.

(1) PAN would not be displayed on website of Stock Exchange(s).
(2) The term "Encumbrance" has the same meaning as assigned under regulation 28(3) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011.



					-	Table III - St	atement show	ing shareholdin	g pattern of	the Public	c sharehol	der							
								Shareholding	Number of	Voting Rig of sec	ghts held i curities IX)	n each class	No. of Shares Underlying	Total Shareholding, as a % assuming full conversion of	sh	Number of Locked in shares		of Shares ged or erwise mbered	
	Category & Name of the Shareholders (I)	PAN (II)	No. of Shareholder (III)	No. of fully paid up equity shares held (IV)	Partly paid-up equity shares held (V)	Nos. of shares underlying Depository Receipts (VI)	Total nos. shares held (VII = IV+V+VI)	neld As a % of (A+B+C2)				Outstanding convertible securities (including Warrants) (X)	convertible securities (as a percentage of diluted share capital) (XI)= (VII)+(X)	No. (a)	As a % of total Shares held (b)	As a % of eq		Number of equity shares held in dematerialized form (XIV)	
(1)	Institutions	(/	V/	1	1.7	(1.7)		(****)					1.7	(2.1)	1131(4)	(-)	NA	NA	(-111)
(a)	Mutual Funds			-	-	-	-	-		-	-	-		-	-	-	NA	NA	/
(b)	Venture Capital Funds		-	-	-	-	-	-		-	-		-	-	-	-	NA	NA	-
(c)	Alternate Investment Funds				-	-	-	-		-	-		-	-			NA	NA	100
(d)	Foreign Venture Capital Investors		-	1	-		-	-			-	-		-	-	-	NA	NA	_
(e)	Foreign Portfolio Investors		-			-	-	_				-					NA	NA	1
(f)	Financial Institutions / Banks		_				_	_		_		_	_	_			NA	NA	:
(g)	Insurance Companies			-				_			1.00	-	-				NA	NA	_
(h)	Provident Funds / Pension Funds		-		-				-	-	_	-	-		-		NA	NA	-
	Any Other (Specify)																		
	Sub-Total (B)(1)		-	-	-	-	-	-	-	-	-				-			1944	1,000
(2)	Central Government/ State Government(s) / President of India		144		-	-		-	-	-	-	-	-	-		_		-	
	Sub-Total (B)(2)					. +-	-			-				S==				200	Je-
(3)	Non-institutions																2020		
(a)	Individuals -		14128	3714476		-	3714476	29.84	3714476	-	-	29.84	-		-	-	NA	NA	2732625
	i. Individual shareholders holding																		
	nominal share capital up to Rs. 2 lakhs. ii. Individual shareholders holding nominal share capital in excess of Rs. 2 lakhs.		9	780422			780422	6.27	780422	i e		6.27	_		:200	-	NA	NA	780422
	-Sangeetha S			198690	-	144	198690	1.60	198690	-	-	1.60	_		-	_	NA	NA	198690
	-Santosh Sitaram Goenka			206096	-		206096	1.66	206096			1.66	-		_		NA	NA	206096
	-Sunita Santosh Goenka			136460	000	_	136460	1.10	136460		1.00	1.10	-				NA	NA	136460
(b)	NBFCs registered with RBI																		
(c) (d)	Employee Trusts Overseas Depositiries (holding DRs)(balancing figure)		-	-		-	-	1-			(-	3 			_	NA	NA	~
(e)	Any Other (Specify)																		
	-Body Corporate(s)		167	207268	1.44		207268	1.66	207268		-	1.66					NA	NA	203468
	- NRIs		79	180466	7=		180466	1.45	180466			1.45		_			NA	NA	180466
	- Transit Position		120	137633		-	137633	1.11	137633	**	12.0	1.11	122		-	-	NA	NA	137633
	Sub-Total (B)(3)		14503	5020265	-	-	5020265	40.32	5020265		-	40.32	_	-	-	-		1	4034614
	Total Public Shareholding (B)= (B)(1)+(B)(2)+(B)(3)		14503	5020265	522	-	5020265	40.32	5020265		-	40.32	-	-	-	-	-		4034614

(B)(1)+(B)(2)+(B)(3)

Details of the shareholders acting as persons in Concert including their Shareholding (No. and %):

Details of Shares which remain unclaimed may be given hear along with details such as number of shareholders, outstanding shares held in demat/unclaimed suspense account, voting rights which are frozen etc.

(1) PAN would not be displayed on website of Stock Exchange(s).

(1) The above format needs to be disclosed along with the name of following persons:
Institutions/Non Institutions holding more than 1% of total number of shares.

(3) W.r.t. the information pertaining to Depository Receipts, the same may be disclosed in the respective columns to the extent information available and the balance to be disclosed as held by custodian,

					W 11 D1	01.1	h accidence at	balding not	40 mm 0 f f	the Mon	Promo	tor- Non I	Public shareho	lder					
					Table IV	- Statement s	howing sl	nareholding pat	tern of 1	the Non	Promo	ter- Non i	Public Sharenc	ider					
										ch class		jhts held curities					Number (£0h	
														Total Shareholding ,	Loc	nber of ked in nares	pledged or encum	otherwise obered	
									No	o. of Vot	ing Rig	ghts		as a %		(XII)	(X	III)	
				No. of fully paid	Partly paid-up	Nos. of	Total nos.	Shareholding % calculated as per SCRR,				Total as	No. of Shares Underlying Outstanding convertible	assuming full conversion of convertible securities (as a percentage of diluted				As a % of	Number of equity shares held in
				up equity	equity	underlying	shares	1957				a %	securities	share capital)		As a %		total Shares	dematerialized form
	Category & Name of		No. of	shares	shares	Depository	held	As a % of		27		Total	(including	(XI)= (VII)+(X)		of total Shares	No. (Not	held (Not	(XIV) (Not
	the Shareholders	PAN	Shareholder	held	held	Receipts	(VII =	(A+B+C2)	Class	Class	Total	Voting rights	Warrants) (X)	As a % of (A+B+C2)	No.	held		Applicable)	Applicable)
	(1)	(II)	(III)	(IV)	(V)	(VI)	IV+V+VI)	(VIII)	Х	1	-	rigitis	(^)	[A.B.02]			Прриссия		-
(1)	Custodian/DR Holder	(me)	_		-		-	-											_
(a)	Name of DR Holder (if available)	-	_	-	-		-	-	-	_	-	-		_	-				
(2)	Employee Benefit Trust (under SEBI (Share based Employee Benefit)	-		-	-	-	-		_		_		-	-	-	_			-
	Regulations, 2014) Total Non -Promoter - Non Public Shareholding (C)=			-						44									
	(C)(1)+(C)(2)																		

Note
(1) PAN would not be displayed on website of Stock Exchange(s).
(2) The above format needs to disclose name of all holders holding more than 1% of total number of shares
(3) W.r.t. the information pertaining to Depository Receipts, the same may be disclosed in the respective columns to the extent information available,



Details of Shares which remain unclaimed may be given hear along with details such as number of shareholders, outstanding shares held in demat/unclaimed suspense account, voting (Kindly start filing data from Row No - 3)

No. of shareholders	No. of Shares	
143		14500

