Format of holding of specified securities

Name of Listed Entity : FLEX FOODS LIMITED

Scrip Code/Name of Scrip/Class of Security 523672

Share Holding Pattern Filed under: Reg. 31(1)(a)/Reg. 31(1)(b)/Reg.31(1)(c) : Reg. 31(1)(b)

a. If under 31(1)(b) then indicate the report for Quarter ending 31.12.2016

b. If under 31(1)(c) then indicate date of allotment/extinguishment : Not Applicable

Declaration: The Listed entity is required to submit the following declaration to the extent of submission of information:

Particulars	Yes*	No*
1. Whether the Listed Entity has issued any partly paid up shares?		No
2. Whether the Listed Entity has issued any Convertible Securities or Warrants?		No
3. Whether the Listed Entity has any shares against which depository receipts are issued?		No
4. Whether the Listed Entity has any shares in locked-in?	20	No
5. Whether any shares held by promoters are pledge or otherwise encumbered?		No

^{*} If the Listed Entity selects the option 'No' for the questions above, the columns for the partly paid up shares, Outstanding Convertible Securities/Warrants, depository receipts, locked-in shares, No of shares pledged or otherwise encumbered by promoters, as applicable, shall not be displayed at the time of dissemination on the Stock Exchange website. Also wherever there is 'No' declared by Listed Entity in above table the values will be considered as 'Zero' by default on submission of the format of holding of specified securities.

					1	Table I - Sum	mary Statement h	olding of sp	ecified se	curities										
							Shareholding as a % of total no. of shares		a % of total no.	o. (IX)					Shareholding, as a % assuming full conversion of convertible securities (as a	Number of Locked in shares (XII)		Number of Shares pledged or otherwise encumbered (XIII)		
			No. of fully paid up	No. of Partly paid-	No. of shares underlying	Total nos.	(calculated as per SCRR, 1957)			oting Rights		Outstanding convertible securities	diluted share capital)		As a %		As a % of total Shares	held in		
Category (I)	Category of shareholder (II)	Nos. of shareholders (III)	equity shares held (IV)	up equity shares held (V)		shares held (VII) = (IV)+(V)+ (VI)	As a % of	Class eg: X	Class eg: Y	Total	Total as a % of (A+B+C)	(including Warrants) (X)	(XI)= (VII)+(X) As a % of (A+B+C2)	No.	of total Shares held (b)	10.000000		dematerialized form (XIV)		
(A)	Promoter & Promoter Group	9	7429735			7429735	59.68	7429735		7429735	59 68							742973		
(B)	Public	14700	5020265	==		5020265	40.32	5020265		- 5020265	40 32	**				NA	NA	404591		
(C)	Non Promoter- Non Public	4.6	-		:	- 100				-						NA	NA			
(C1)	Shares underlying DRs	**	154		==	125					-					NA	NA			
((:2)	Shares held by Employee Trust	**				(44)					3 -	### ##################################	**		-	NA	NA			
	Total	14709	12450000			12450000	100	12450000		12450000	100.00							11475649		



					Table II -	Statement show	ving sharehol	ding pattern of	the Promote	er and Pro	moter Grou	0							
								Shareholding	Number of	of se	ghts held in curities (IX)	each class	No. of Shares Underlying	as a % assuming full conversion of convertible securities (as	Lock	ber of red in	Numi Shares or othe	pledged erwise	
			No. of	No. of fully paid up equity shares	Partly paid-up equity shares	Nos. of shares underlying Depository	Total nos.	% calculated as per SCRR, 1957 As a % of	No. o	of Voting F	lights	Total as a	Outstanding convertible securities (including	a percentage of diluted share capital) (XI)= (VII)+(X)	(X	(II) As a % of total Shares	(X	As a % of total	Number of equity shares held in dematerialized
	Category & Name of the Shareholders	PAN (II)	Shareholder (III)	held (IV)	held (V)	Receipts (VI)	(VII = IV+V+VI)	(A+B+C2) (VIII)	Class X	Class Y	Total	Voting rights	Warrants) (X)	As a % of (A+B+C2)	No. (a)	held (b)	No. (a)	held (b)	form (XIV)
(1)	Indian	(11)	9			0	7429735			b	7429735			(A+B+C2)	100, (a)	(0)	(40, (a)	(0)	742973
(a)	Individuals/Hindu Undivided Family																		
	-Ashok Kumar Chaturvedi			7610		=	7610	0.06	7610		7610	0.06		-				175	761
	-Rashmi Chaturvedi			45010		1.00	45010	0.36	45010	**	45010	0.36	-				100	1945	4501
(b)	Central Government/ State Government(s) Financial Institutions/ Banks													**************************************					
d)	Any Other (Body Corporates) -UFLEX Limited			5870000	122	-	5870000	47 15	5870000	4-	5870000	47 15	-				-		587000
	-Anshika Investments Pvt Ltd			1252630		_	1252630	1			1252630	10.06							125263
	-Anshika Consultants Pvt Ltd			150000			150000	1.20	150000		150000	1.20			11.44		**		15000
	-A.L. Consultants Private Limited			78685			78685	0.63	78685		78685	0.63		_	122			24	7868
	-Flex International Pvt Ltd			11300			11300	0.09	11300		11300	0.09		-				157	1130
	-Magic Consultants Private Limited		THE PERSON NAMED IN COLUMN NAM	10500	-	-	10500	0.08	10500	-	10500	0.08		-		-			1050
	-A.R.Leasing Pvt Ltd			4000		-	4000	0.03	4000		4000	0.03		-	-			-24	400
	Sub-Total (A)(1)		9	7429735		_	7429735	59.68	7429735		7429735	59.68		-					742973
(2)	Foreign						v			Nontraconomic de la constitución						P4000000000000000000000000000000000000			
(a)	Individuals (Non-Resident Individuals/ Foreign Individuals)		-	**	-	-	-37		**					_	-			-	
(b)	Government	-	-	-	-		**		-		-	_			47			44	
(c)	Institutions	-	-	-		-	S44		***		-	14	_	-	358	122		-	
(d)	Foreign Portfolio Investor	-		77	-						-			-		1,72	375		
(e)	Any Other (Specify)	-	-	-	-		**		-			-	-	-				**	
	Sub-Total (A)(2)		-	7400000	-		7400						-	-	-		-	-	2022
	Total Shareholding of Promoter and Promoter Group (A)= (A)(1)+(A)(2)		9	7429735	-	-	7429735	59.68	7429735		7429735	59.68	-	-	-	-		**	742973

Details of Shares which remain unclaimed may be given hear along with details such as number of shareholders, outstanding shares held in dematuncialmed suspense account, voting rights which are frozen etc.

Note:
(1) PAN would not be displayed on website of Stock Exchange(s).
(2) The term "Encumbrance" has the same meaning as assigned under regulation 28(3) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011.



		- Historian -				Table III - S	tatement show	ing shareholdi	ng pattern o	the Publ	ic sharehold	19					·		
					Dord			Shareholding % calculated	Number of	of se	ights held in curities (IX) oting Rights	each class	No. of Shares Underlying Outstanding	Total Shareholding, as a % assuming full conversion of convertible	sha	f Locked in ares	Number of Shares pledged or otherwis encumbered (XIII)		e Number of
	Category & Name of the Shareholders (I)	PAN (II)	No. of Shareholder (III)		Partly paid-up equity shares held (V)	Nos, of shares underlying Depository Receipts (VI)	Total nos. shares held (VII = IV+V+VI)	as per SCRR, 1957 As a % of (A+B+C2)	Class X	Class Y	Total	Total as a % Total Voting rights	convertible sec securities a p (including o Warrants) sha	securities (as a percentage of diluted share capital) (XI)= (VII)+(X)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	equity shares held in dematerialized form (XIV)
(1) (a)	Institutions Mutual Funds	1112	***	,		-					-	.**	(**	-	-		NA NA	NA NA	
(b)	Venture Capital Funds		-		**	-			***	-				**		-	NA	NA	
(c)	Alternate Investment Funds		-	1.55							-				1.00	S#1	NA	NA	
(d)	Foreign Venture Capital Investors			-		-	-		0 1077	155	-				-		- NA	NA	-
(e)	Foreign Portfolio Investors					-		-40			-						NA	NA	
(f)	Financial Institutions / Banks		1	100		1.25	100	0.00	100		100	0.00		-	-		- NA	NA	10
(g) (h)	Insurance Companies Provident Funds / Pension Funds Any Other (Specify)									-		-	-				- NA - NA	NA NA	
	Sub-Total (B)(1)		1	100		-	100	0.00	100	-	100	0.00			-	7-2	-		10
(2)	Central Government/ State Government(s) / President of India		3.55	**	-	-				-	-		-					-	
	Sub-Total (B)(2)		-	-		-				-	-					-	-	-	
(3) (a)	Non-institutions Individuals - i. Individual shareholders holding nominal share capital up to Rs 2 lakhs.		14385	3642557		-22	3642557	29.26	3642557	-	3642557	29 26		-	C 344		- NA	NA	267200
	ii Individual shareholders holding nominal share capital in excess of Rs. 2 lakhs.		10	946389		-57	946389	7.60	946389		946389	7 60	-	, as			- NA	NA	94638
	-Subramanian P			225240		94	225240	1.81	225240		225240	1.81	-	:			- NA	NA	22524
	-Santosh Sitaram Goenka			146222	-		146222	1000000			146222			**	-		- NA	NA	14622
	-Sunita Santosh Goenka			143030	-	1	143030		100000000000000000000000000000000000000	1	143030			-			- NA	NA	14303
44.5	-Porinju V Veliyath			125000		-	125000	1.00	125000		125000	1.00		1 10			- NA	NA	12500
(b) (d)	NBFCs registered with RBI Employee Trusts Overseas Depositiries (holding DRs)(balancing figure)							124				1122	-	-			- NA	NA	
(e)	Any Other (Specify)																		
	Body Corporate(s)		173			-	197131	1.58			197131						- NA	NA	19333
	NRIs		104				223273	1.79			223273					* .	- NA	NA	22327
	Trust		1	1260			1260	1	1260		1260	1000000		-		*	- NA	NA	126
	Clearing Member		26				9555	100000			9555			-	-	-	- NA	NA	955
	Sub-Total (B)(3)		14699			-	5020165		5020165		5020165			-		-			404581
	Total Public Shareholding (B)= (B)(1)+(B)(2)+(B)(3)		14700	5020265	-	-	5020265	40.31	5020265		5020265	40.31						1	404591

Details of the shareholders acting as persons in Concert including their Shareholding (No. and %):

Details of Shares which remain unclaimed may be given hear along with details such as number of shareholders, outstanding shares held in demat/unclaimed suspense account, voting rights which are frozen etc.

(1) PAN would not be displayed on website of Stock Exchange(s).

(2) The above format needs to be disclosed along with the name of following persons:
Institutions/Non Institutions holding more than 1% of total number of shares.

(3) W.f.t. the information pertaining to Depository Receipts, the same may be disclosed in the respective columns to the extent information available and the balance to be disclosed as held by custodian.



				Table IV -	- Statement s	howing sl	hareholding pa	ttern of	the Nor	Prom	oter- Non	Public shareh	older					*
								Numb	er of Vo	ting Ri	ghts held		Total	Number of Locked in shares (XII)			of Shares r otherwise	
								N	o. of Vo	ting Ri	ghts		Shareholding , as a %			encumbered (XIII)		
Category & Name of the Shareholders (I)	PAN (II)	No. of Shareholder (III)	No. of fully paid up equity shares held (IV)		Nos. of shares underlying Depository Receipts (VI)	Total nos, shares held (VII = IV+V+VI)	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2) (VIII)		Class Y		Total as a % Total Voting rights	No. of Shares Underlying Outstanding convertible securities (including Warrants) (X)	assuming full conversion of convertible securities (as a percentage of diluted share capital) (X) = (VII)+(X) As a % of (A+B+C2)		As a % of total Shares held	No. (Not	As a % of	Number of equity shares held in dematerialized form (XIV) (Not Applicable)
(1) Custodian/DR Holder	(20)		1200	-			-	-			_	144						-
(a) Name of DR Holder (if available)	142	3 3					-			-				-				W 40
(2) Employee Benefit Trust (under SEBI (Share based Employee Benefit) Regulations, 2014)	X*			**		-				-		~						
Total Non -Promoter - Non Public Shareholding (C)= (C)(1)+(C)(2)		-	**									12.2						

- (1) PAN would not be displayed on website of Stock Exchange(s).
 (2) The above format needs to disclose name of all holders holding more than 1% of total number of shares
- (3) W.r.t. the information pertaining to Depository Receipts, the same may be disclosed in the respective columns to the extent information available,

Details of Shares which remain unclaimed may be given hear along with details such as number of shareholders, outstanding shares held in demat/unclaimed suspense account, voting (Kindly start filing data from Row No - 3)

No. of Shares	
	14500

